

Trigonometric Integrals

$$\text{Ex. } \int \sin^6 x \cos^3 x \, dx$$

$$\text{Ex. } \int \frac{\sin^5 2x}{\sqrt{\cos 2x}} \, dx$$

$$\text{Ex. } \int_0^{\pi/4} \sqrt{1 + \cos 4x} \, dx$$

$$\text{Ex. } \int \tan^3 x \sec x \, dx$$

* Key: use trig identities to transform these integrals into basic integrals or easy u-subst.

Identities:

$$\sin^2 x + \cos^2 x = 1$$

$$\tan^2 x + 1 = \sec^2 x$$

$$\sin^2 x = \frac{1}{2}(1 - \cos 2x)$$

$$\cos^2 x = \frac{1}{2}(1 + \cos 2x)$$

$$\sin 2x = 2 \sin x \cos x$$

Also need:

$$\int \sec x \, dx = \ln |\sec x + \tan x| + C.$$

notice $\frac{d}{dx}(\ln|\sec x + \tan x| + C) =$

$$\frac{\sec x \tan x + \sec^2 x}{\sec x + \tan x} = \frac{\sec x (\tan x + \sec x)}{(\sec x + \tan x)}$$

And:

$$\int \sec^n x \, dx = \frac{1}{n-1} \sec^{n-2} x \tan x + \frac{n-2}{n-1} \int \sec^{n-2} x \, dx$$

$n \geq 3$

the secant reduction formula.

can find this by parts:

$$u = \sec^{n-2} x \quad \cdot \quad du = (n-2) \sec^{n-3} x \sec x \tan x \, dx$$

$$dv = \sec^2 x \, dx \quad = (n-2) \sec^{n-2} x \tan x \, dx$$

$$v = \tan x$$

$$\underbrace{\int \sec^n x \, dx}_I = \sec^{n-2} x \tan x - \int (n-2) \sec^{n-2} x \underbrace{\tan^2 x}_{(\sec^2 x - 1)} \, dx$$

$$= \sec^{n-2} x \tan x - \underbrace{\int (n-2) \sec^n x \, dx}_{(n-2)I} + \int (n-2) \sec^{n-2} x \, dx$$

$$I + (n-2)I = \sec^{n-2}x \tan x + \int (n-2) \sec^{n-2}x dx$$

$$(n-1)I = \sec^{n-2}x \tan x + (n-2) \int \sec^{n-2}x dx$$

$$I = \frac{1}{n-1} \sec^{n-2}x \tan x + \frac{n-2}{n-1} \int \sec^{n-2}x dx.$$

And recall:

$$\int \tan x dx = -\ln |\cos x| + C$$
$$= \ln |\sec x| + C$$

$$\int \tan x dx = \int \frac{\sin x}{\cos x} dx = -\int \frac{1}{u} du =$$

$$u = \cos x$$

$$du = -\sin x dx$$

$$-\ln |u| + C =$$

$$= -\ln |\cos x| + C$$

$$= \ln |(\cos x)^{-1}| + C$$

↖ exponent, not inverse

$$= \ln |\sec x| + C.$$

We've highlighted all the tools we need to solve trig integrals.

$$\text{Ex. } \int \sin^6 x \cos^3 x dx$$

we see compositions

$$(\sin x)^6 (\cos x)^3$$

if we let $u = \sin x$,
then $du = \cos x dx$

and we have an extra $\cos^2 x$

so we write $\cos^2 x = 1 - \sin^2 x$

$$\int \sin^6 x \cos^3 x dx = \int \underbrace{\sin^6 x}_{u^6} \cos^2 x \underbrace{\cos x dx}_{du}$$

↑
trig
ident

$$= \int \underbrace{\sin^6 x}_{u^6} \underbrace{(1 - \sin^2 x)}_{(1 - u^2)} \underbrace{\cos x dx}_{du}$$

$$= \int u^6 (1 - u^2) du = \int (u^6 - u^8) du$$

$$= \frac{u^7}{7} - \frac{u^9}{9} + C = \frac{\sin^7 x}{7} - \frac{\sin^9 x}{9} + C.$$

If we had let $u = \cos x$, $du = -\sin x dx$
and we'd have extra $\sin^5 x$ ← since The

power is odd, we can't replace with cosines.

But consider $\int \sin^5 x \cos^3 x dx$

can let $u = \sin x$ as above,

$$\begin{aligned} \text{and get } \int u^5 (1-u^2) du &= \int (u^5 - u^7) du \\ &= \frac{\sin^6 x}{6} - \frac{\sin^8 x}{8} + C \end{aligned}$$

OR

$$\text{let } u = \cos x \quad du = -\sin x dx$$

$$\text{then } \int \sin^5 x \cos^3 x dx = -\int \sin^4 x \cos^3 x (-\sin x) dx$$

$$= -\int (\sin^2 x)^2 \cos^3 x (-\sin x) dx$$

$$= -\int (1 - \cos^2 x)^2 \cos^3 x (-\sin x) dx$$

$$= -\int (1 - u^2)^2 u^3 du =$$

$$= - \int (1 - 2u^2 + u^4)u^3 du$$

$$= - \int (u^3 - 2u^5 + u^7) du = - \left(\frac{u^4}{4} - \frac{2u^6}{6} + \frac{u^8}{8} \right) + K$$

$$= - \frac{\cos^4 x}{4} + \frac{\cos^6 x}{3} - \frac{\cos^8 x}{8} + K$$

(can see by graphing $y = - \frac{\cos^4 x}{4} + \frac{\cos^6 x}{3} - \frac{\cos^8 x}{8}$

and $y = \frac{\sin^6 x}{6} - \frac{\sin^8 x}{8}$ differ by a constant).

Ex. $\int \frac{\sin^5 2x}{\sqrt{\cos 2x}} dx$ notice $2x$ in both so ok.

$$= \int (\sin 2x)^4 (\cos 2x)^{-1/2} dx \quad \begin{array}{l} \text{must let } u = \cos 2x \\ du = -2 \sin 2x dx \end{array}$$

$$= -\frac{1}{2} \int (\sin 2x)^4 (\cos 2x)^{-1/2} (-2) \sin 2x dx$$

$$= -\frac{1}{2} \int (\sin^2 2x)^2 (\cos 2x)^{-1/2} (-2) \sin 2x dx$$

$$= -\frac{1}{2} \int (1 - \cos^2 2x)^2 (\cos 2x)^{-1/2} (-2) \sin 2x dx$$

$$= -\frac{1}{2} \int (1-u^2)^2 u^{-1/2} du$$

$$= -\frac{1}{2} \int (1-2u^2+u^4) u^{-1/2} du$$

$$= -\frac{1}{2} \int (u^{-1/2} - 2u^{3/2} + u^{7/2}) du$$

$$= -\frac{1}{2} \left(\frac{u^{1/2}}{\frac{1}{2}} - \frac{2u^{5/2}}{5/2} + \frac{u^{9/2}}{9/2} \right) + C$$

$$= -\frac{1}{2} \cdot \frac{2}{1} u^{1/2} + \frac{1}{2} \cdot \frac{2}{1} \cdot \frac{2}{5} u^{5/2} - \frac{1}{2} \cdot \frac{2}{9} u^{9/2} + C.$$

$$= -(\cos x)^{1/2} + \frac{2}{5} (\cos x)^{5/2} - \frac{1}{9} (\cos x)^{9/2} + C.$$

Ex. $\int \sin^2 x dx$ we see $(\sin x)^2$

if we let $u = \sin x$

$$du = \cos x dx$$

↑

we don't have

keep in mind

$$\sin^2 x = \frac{1}{2}(1 - \cos 2x)$$

↑
can't integrate
on its own

↑
can integrate on
its own

$$\text{so } \int \sin^2 x \, dx = \int \frac{1}{2}(1 - \cos 2x) \, dx =$$

$$= \frac{1}{2} \left(x - \frac{1}{2} \sin 2x \right) + C$$

$$= \frac{1}{2} x - \frac{1}{4} \sin 2x + C.$$

$$\text{Ex. } \int_0^{\pi/2} \sin^4 x \, dx$$

we have $(\sin x)^4$

again, if we let $u = \sin x$

we don't have $du = \cos x \, dx$

$$\int_0^{\pi/2} \sin^4 x \, dx = \int_0^{\pi/2} (\sin^2 x)^2 \, dx = \int_0^{\pi/2} \left(\frac{1}{2}(1 - \cos 2x) \right)^2 \, dx$$

$$= \int_0^{\pi/2} \frac{1}{4} (1 - 2\cos 2x + \overbrace{\cos^2 2x}^{\text{still a problem}}) \, dx$$

$$\text{use } \cos^2 x = \frac{1}{2}(1 + \cos 2x)$$

$$\cos^2 2x = \frac{1}{2}(1 + \cos 4x)$$

$$= \int_0^{\pi/2} \frac{1}{4} \left(1 - 2 \cos 2x + \frac{1}{2}(1 + \cos 4x) \right) dx$$

$$\frac{1}{2} + \frac{1}{2} \cos 4x$$

$$= \frac{1}{4} \int_0^{\pi/2} \left(\frac{3}{2} - 2 \cos 2x + \frac{1}{2} \cos 4x \right) dx$$

$$= \frac{1}{4} \left[\frac{3}{2}x - 2 \cdot \frac{1}{2} \sin(2x) + \frac{1}{2} \cdot \frac{1}{4} \sin(4x) \right]_0^{\pi/2}$$

$$= \left[\frac{3}{8}x - \frac{1}{4} \sin(2x) + \frac{1}{32} \sin(4x) \right]_0^{\pi/2}$$

$$= \left(\frac{3}{8} \cdot \frac{\pi}{2} - 0 + 0 \right) - (0 - 0 + 0)$$

$$= \boxed{\frac{3\pi}{16}}$$

$$\text{Ex. } \int_0^{\pi/4} \sqrt{1 + \cos 4x} dx$$

$$\text{if we let } u = 1 + \cos 4x$$

$$du = -4 \sin 4x dx$$

↑

we don't have

$$\text{but we have } 1 + \cos 4x = 2 \cos^2 2x$$

comes from $\cos^2 x = \frac{1}{2}(1 + \cos 2x)$

$$\cos^2 2x = \frac{1}{2}(1 + \cos 4x)$$

$$2\cos^2 2x = 1 + \cos 4x$$

$$\text{So } \int_0^{\pi/4} \sqrt{1 + \cos 4x} \, dx = \int_0^{\pi/4} \sqrt{2\cos^2 2x} \, dx$$

$$= \int_0^{\pi/4} \sqrt{2} \sqrt{(\cos 2x)^2} \, dx$$

since $\cos 2x \geq 0$

on $[0, \pi/4]$,

$$\begin{array}{cc} \uparrow & \uparrow \\ \cos(0) & \cos\left(\frac{2\pi}{4}\right) = \cos\left(\frac{\pi}{2}\right) \end{array}$$

$$= \int_0^{\pi/4} \sqrt{2} \cos 2x \, dx$$



$$= \sqrt{2} \frac{1}{2} \sin 2x \Big|_0^{\pi/4}$$

$$= \frac{\sqrt{2}}{2} \left[\sin\left(\frac{2\pi}{4}\right) - \sin(2 \cdot 0) \right] = \frac{\sqrt{2}}{2} \left[\sin\left(\frac{\pi}{2}\right) - \sin 0 \right]$$

$$= \frac{\sqrt{2}}{2} (1 - 0) = \boxed{\frac{\sqrt{2}}{2}}$$

$$\text{Ex. } \int \tan^3 x \sec x \, dx$$

we see $(\tan x)^3$

if $u = \tan x$,

$$du = \sec^2 x \, dx$$

↑
we don't have this

so we try $u = \sec x$ then $du = \sec x \tan x \, dx$

$$\int \tan^3 x \sec x \, dx = \int \tan^2 x \underbrace{\sec x \tan x \, dx}_{du}$$

$$= \int \underbrace{(\sec^2 x - 1)}_{(u^2 - 1)} \underbrace{\sec x \tan x \, dx}_{du}$$

$$= \int (u^2 - 1) \, du = \frac{u^3}{3} - u + C$$

$$= \frac{\sec^3 x}{3} - \sec x + C.$$

$$\text{Ex. } \int \tan^2 x \sec^4 x \, dx$$

we see $(\tan x)^2$

$(\sec x)^4$

if we let $u = \tan x$
 $du = \sec^2 x dx$

and the extra $\sec^2 x = \tan^2 x + 1$

~~if we let $u = \sec x$
 $du = \sec x \tan x dx$
then we have an
extra $\tan x \dots$
won't work.~~

$$\begin{aligned}\int \tan^2 x \sec^4 x dx &= \int \underbrace{\tan^2 x}_{u^2} \sec^2 x \underbrace{\sec^2 x dx}_{du} \\ &\quad \uparrow \\ &\quad \text{trig identity} \\ &= \int \tan^2 x (\tan^2 x + 1) \sec^2 x dx \\ &= \int u^2 (u^2 + 1) du = \int (u^4 + u^2) du \\ &= \frac{u^5}{5} + \frac{u^3}{3} + C = \frac{\tan^5 x}{5} + \frac{\tan^3 x}{3} + C.\end{aligned}$$

Ex. $\int \tan^2 x \sec^3 x dx$

if we let $u = \tan x$
 $du = \sec^2 x dx$

but then we have an
extra $\sec x$.
won't work.

we see $(\tan x)^2, (\sec x)^3$

if we let $u = \sec x$
 $du = \sec x \tan x dx$

then we have an
extra $\tan x$.
won't work.

here we'll make use of The secant reduction formula by getting This all in terms of $\sec x$.

$$\int \tan^2 x \sec^3 x dx$$

$$= \int (\sec^2 x - 1) \sec^3 x dx = \int (\sec^5 x - \sec^3 x) dx$$

$$= \int \sec^5 x dx - \int \sec^3 x dx$$

by secant reduction formula

$$= \frac{1}{4} \sec^3 x \tan x + \frac{3}{4} \int \sec^3 x dx - \int \sec^3 x dx$$

$$= \frac{1}{4} \sec^3 x \tan x - \frac{1}{4} \int \sec^3 x dx$$

$$= \frac{1}{4} \sec^3 x \tan x - \frac{1}{4} \left[\frac{1}{2} \sec x \tan x + \frac{1}{2} \int \sec x dx \right]$$

secant reduction formula

$$= \frac{1}{4} \sec^3 x \tan x - \frac{1}{8} \sec x \tan x - \frac{1}{8} \int \sec x dx$$

$$= \frac{1}{4} \sec^3 x \tan x - \frac{1}{8} \sec x \tan x - \frac{1}{8} \ln |\sec x + \tan x| + C$$